



**MOVEMENT
MINDFULNESS
MEDICINE**



For the Wounded Healer. The Compassionate Provider. The Overwhelmed Practitioner.

This **single-day, legal, HIPAA-compliant Ketamine-Assisted Psychotherapy experience** is designed for professionals in the healing arts – licensed medical providers, therapists, yoga teachers, coaches, meditation instructors, researchers, shamanic practitioners, and more.

Whether you're burned out, stretched thin, or emotionally impacted by the weight of your work or the world, this immersive offering is a chance to:

- Recoup your energy
- Reconnect with your inner wisdom
- Restore your nervous system
- Receive tools to stay resourced in complex times

The experience includes a full ketamine journey in a small, supported group setting with five expert facilitators. You'll also receive targeted psychoeducation, somatic tools, and integrative practices curated specifically for providers and caregivers.

This is also an opportunity to "try on" psychedelic-assisted therapy from the inside – offering firsthand insight that may support your clients, students, or patients in the future.

A Day of Restoration for Healers & Helpers Ketamine-Assisted Psychotherapy Group Experience Hosted by Movement Mindfulness & Medicine

SATURDAY, JANUARY 17, 2026 | 9:30 AM – 2:45 PM

Location: **30 Domino Drive, Suite 202, Concord, MA**

Prep Session: Wed, JAN 14 | 7:00–8:30 PM (Zoom)

Integration Session: Wed, JAN 21 | 7:00–8:30 PM (Zoom)

Facilitated by: A five-woman licensed clinical team

Cost: **\$695** (includes prep, medicine day, and integration)

Apply via the [KAP Assessment Form](#) (link or scan QR code)



Space is limited.

Sliding scale and payment plans available.

Complete the KAP Assessment Form to begin or reach out to **Emma Barton** via email at emma@movementmindfulnessmedicine.com

Movement Mindfulness Medicine is a team of five dedicated and talented women facilitators. Each facilitator brings a unique, multidisciplinary background, offering a variety of effective approaches to healing. With a collective 115+ years of healthcare experience, our team is deeply committed to providing compassionate, evidence-based support to help individuals overcome persistent mental health challenges.