



# Ketamine-Assisted Psychotherapy Groups

We are a team of multidisciplinary clinicians offering a 5-week experiential program focused on ketamine-assisted psychotherapy. We aim to help participants overcome outdated internal blocks and gain clarity and purpose in their lives. The program includes three live ketamine sessions, along with skill-building opportunities in safe embodiment, breathwork, and mindfulness. Each group is limited to ten participants and is led by five experienced clinicians trained in ketamine-assisted psychotherapy and their respective fields.

## Upcoming KAP Group Cycle:

Preparation Session for Winter Series: <b>Wednesday, January 21, 2026</b> (Virtual)
Winter 2026 Series Sessions:
Saturday, January 24, 2026
Saturday, February 7, 2026
Saturday, February 21, 2026

Each session will be followed by a virtual integration session via Zoom a few days later.

**Location:** Concord, MA

### Cost:

- five-week KAP group series, per person: \$2,100 (24 clinical hours)
- Prescriber fee: \$350
- Ketamine prescription: \$50-\$70 (varies by dosage and pharmacy)

We offer discounted rates for those who qualify and payment plans to make the program as accessible as possible.

**Next Steps:** To secure your spot, schedule a medical assessment with our prescriber, Connie Turner, at [connieturnerfnp@gmail.com](mailto:connieturnerfnp@gmail.com). We recommend scheduling the appointment 2-4 weeks before the program begins.



For more information or to request a free 20-minute consultation, please complete our **KAP inquiry form** online. Scan the QR code or visit our website [movementmindfulnessmedicine.com](http://movementmindfulnessmedicine.com) to find the form under MEDICINE.

Movement Mindfulness Medicine is a team of five dedicated and talented women facilitators. Each facilitator brings a unique, multidisciplinary background, offering a variety of effective approaches to healing. With a collective 115+ years of healthcare experience, our team is deeply committed to providing compassionate, evidence-based support to help individuals overcome persistent mental health challenges.