

Tom Francescott, ND

Biography

25 years, with a compassionate and intuitive approach, giving people the time and space to share their stories. He believes health symptoms are just an expression of the body's innate wisdom, carrying deep messages and opportunities for healing if we listen.

Dr. Tom graduated with a Doctorate in Naturopathic Medicine in 1999 from Bastyr University in Seattle, WA, and is founder and director of Dr. Tom's Tonics, a wellness center and natural pharmacy, where he loves working with his sisters, husband, and doggie helping clients move towards optimal wholeness with nutrition, natural remedies, and shamanic practices.

Beyond his clinical practice, Tom loves teaching and facilitating Holotropic Breathwork experiences. Tom certified as a Holotropic Breathwork Facilitator in 2007. Tom has been leading and co-facilitating events and is passionate about creating safe spaces for others to experience this amazing healing modality.

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